



— The —
**Wellbeing
Hub**
— from Teen Tips —



A pro-active approach to young people's mental health & wellbeing

Introduction and overview for schools

Spring Term 2024

Make a positive impact in your school community.

By transforming the lives of the children and families within it.

The road through childhood and adolescence can often be challenging for children and their families, and multiple research studies show that there has been a decline in the mental health of young people over the past few years.

As a school, you are no doubt looking to support your pupils with their social and emotional wellbeing, in line with school inspection frameworks. We can help you do this, with The Wellbeing Hub.

Discover more in our short introduction film (double click to watch):



What can I expect from The Wellbeing Hub?

Evidence-based content and expert speakers offering advice and support.

The Wellbeing Hub is an innovative live and interactive web app which provides up-to-date and expert support for the whole school community to access:

- Check out this term's content lineup [here](#).
- See the webinar programme [here](#).
- Review the up-and-coming staff training sessions [here](#).



The Wellbeing Hub is priced at £5 + VAT, per pupil, per year.

By charging per pupil, we aim to make it accessible to both large and small schools.

The price includes:

- The Wellbeing Staff Hub for all staff The Wellbeing Parent Hub for all parents
- Gifting The Wellbeing Hub to a maintained school of your choice.
- The Wellbeing Pupil Hubs, three in total, for pupils aged 10+, 13+ and 16+.
- Gift The Wellbeing Hub to a maintained school of your choice.

The Wellbeing Hub works with school groups on an individual basis, please get in touch to discuss your needs.

Our Account Managers are on hand to help each school get the most out of The Wellbeing Hub.

Some of the things they provide:

- Onboarding packs for an easy setup
- One-to-one support across the year
- Termly engagement reports to monitor usage
- Virtual launch sessions for parents and staff
- Hub tour videos for each area of The Wellbeing Hub to help engagement
- Suggested briefing emails for staff and parents
- User guides for parents, pupils and staff
- Pupil discovery checklist to help them see all on-offer
- Press and social media toolkit to maximize marketing and PR opportunities
- Regular newsletter updates



Currently impacting more than 120,000 pupils in over 220 schools.

The Wellbeing Hub works to prevent mental ill-health in young people.

Through this form of early intervention young people develop healthy self-esteem and emotional resilience so they can thrive socially, emotionally and academically.

- Benefits for your school community -

- Evidenced-based mental health and wellbeing support - for staff, parents and pupils
- ISI / Ofsted inspections - evidence careers, wellbeing, parental engagement, CPD, community engagement and pupil voice
- CPD staff training - increased staff confidence, knowledge and skills
- Staff wellbeing - helps staff cope with the pressures of the job
- Parental support- parents and carers increase their knowledge and skills
- Pupil wellbeing - pupils gain tools to manage their mental health and wellbeing
- Aligned school/home messaging - learning from the same platform
- Careers & PSHE - deliver valuable, relevant resources ready to go
- Discounted rate - for onsite school talks and webinars
- Community Engagement - with our Buy-one-gift-one sponsorship programme
- Termly engagement reports - delivering insights into your community's usage



See some of the schools we are working with [here](#) and some case studies from member schools [here](#).



The Wellbeing Hub sponsorship programme

We believe that every child deserves this level of support, if your school invests in The Wellbeing Hub, you can gift it to a maintained school of your choice for free.

Introducing The Wellbeing Hub to your school and your local community sends a powerful message about your values, ethos, and the importance you place on wellbeing.



About us

We know, from over a decade of working with young people, that by tweaking the environments at home and in school, we can prevent many children and adolescents from developing mental health difficulties or needing therapy. It is this positive approach to mental health, which led to the creation of the Wellbeing Hub.

The Wellbeing Hub and Teen Tips were founded by accredited therapist, Alicia Drummond MBACP. Alicia is also a counsellor, parent coach, speaker, author and mum. Alicia is supported by an experienced team - learn more [here](#).

Alicia is often approached by journalists for comment in the national press. Take a look at our latest coverage [here](#).

“In my work with children, families and schools I see first-hand the challenges faced by young people today. I believe that when teachers, coaches, parents and carers work together to promote strong self-esteem and emotional resilience, children and young people can thrive socially, emotionally and in education.”



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